

Main Courses

Poulet Casablanca £13.95
Breast of chicken with smoked salmon, mushrooms, sun blushed tomato and shallots garnished with king prawns, served with creamy sauce with touch of tomato

Poulet Atlas £13.95
Breast of chicken with goats cheese, rose marie, shallots and sundried tomatoes served with creamy sauce, almonds and mushrooms

Poulet Formage £13.95
Breast of chicken with goats cheese, courgette, spinach and leek in a creamy sauce with a touch of tomato

Brouchette de Viande £13.95
Skewers of lamb, spicy chicken, marinated in olive oil, crushed black peppers, and cumin

Lamb Shank £15.95
Served with roast apples and almonds

Spiced Lamb Shank £15.95
Served with mixed peppers, asparagus and chilli tomatoes

*All our lamb shanks are cooked in RAZ EL HANOUT

Couscous Dishes

Couscous Royale £15.95
Couscous served with monk fish, king prawns, fennel and asparagus

Couscous Maison £13.95
Couscous with “Merguez” spicy sausage and spicy chicken served with asparagus and courgettes

Tagines

Tagine d’agneaux d’apricot et des pruneaux £10.85
Tender pieces of lamb with apricot & almonds, sultanas & prunes

Tagine d’agneau d’asilah £10.85
Tender pieces of lamb cooked in yoghurt, sage & mint

Tagine d’agneau piquent £10.85
Tender pieces of lamb cooked with mixed peppers, chilli & almonds

Tagine Medina v £9.95
Mixed vegetables and fresh spinach served with tomato sauce and a hint of fresh chilli

Tagine Sahara £12.95
Chicken breast with lamb sausage and mixed peppers in chilli and tomato sauce

Fish Tagine £13.95
Fillet of Seabass and Monk fish marinated in Charmoula sauce, chilli with mixed vegetables.

Vegetarian Dishes

Bulgur, artichauts et petit pois v £9.95
Artichoke with white bulgur, peas, spinach, asparagus, mushroom, served with salsa sauce (hot)

Piment Farci v £9.95
Stuffed pepper with rice, oyster mushrooms, courgettes, spinach & fresh herbs served on tomato sauce

Aubergine Farcie v £9.95
Stuffed aubergine with couscous, dry fruit, goats cheese, almonds & pine kernels

Fish Dishes

Fresh King Prawns £16.95
Fresh King prawns with garlic butter sauce and a hint of chilli served with rice and rocket salad

Brouchettes Samak £17.95
Skewers of Monk fish and king prawns with grilled vegetables

Halibut £17.95
Fresh Halibut with crushed black pepper served with rocket salad and a hint of chilli with a lemon dressing

Halibut £17.95
Fresh Halibut with spinach, raisins, garlic, olive oil and pine kernels

Monkfish with Almonds £17.95
Fresh Monk fish with mushrooms, roasted peppers and almonds in tomato sauce and a touch of cream

Monkfish with Scallops £17.95
Fresh Monk fish and fresh Scallops with smoked salmon and asparagus served in a creamy tomato sauce

Monkfish Badinjan £17.95
Fresh Monk fish cooked with preserved lemon, saffron, aubergines and fresh herbs

Swordfish au Citron £17.95
Fresh Sword fish marinated in lemon preserve, olive oil, cherry tomatoes and rocket with fresh chilli

Scallops aux Saffron £17.95
Fresh scallops with shallots, cherry tomatoes, garlic, lemon preserve and almonds in a creamy sauce served with couscous

Seabass £18.95
Fresh Seabass with vegetables and garlic butter sauce

La Fibule £19.95
Mixed seafood cooked in Chermoula sauce with a hint of chilli

Some of our dishes may contain or have traces of nuts.
A 10% service charge will be added to parties of 5 or more.

Suitable for vegetarians v